



#### **Author:**

Richard A. Mackey USA

elSBN: 978-1-60805-027-7

# The Emerging Self in Psychotherapy with Adults

# www.benthamscience.com/ebooks/9781608050277

## About the ebook

This Ebook focuses theoretically, empirically and practically on a concept of the self that includes neurobiological, psychological and social dimensions in psychotherapy with adults. The theoretical perspective on the self that is developed in the Ebook can be the basis for how a therapist may use himself/herself professionally in a therapeutic relationship

### Contents

- Chapter 01 Toward an Understanding of Self
- Chapter 02 Development of the Self
- Chapter 03 Intimate Relationships and the Emerging Self in Adulthood
- Chapter 04 The Damaged Self and the Process of Psychotherapy
- Chapter 05 The Professional Self
- Chapter 06 Couples Therapy
- Chapter 07 The Value of Personal Therapy to the Emerging Professional Self

For Sales Advertising Inquiries: Contact: marketing@benthamscience.org

