Series Title: Vitamin D and Your Body
Volume Title: Why Does Vitamin D Matter? (Volume 1)

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About the ebook

This title not only covers vitamin D basics, but also explores the science of the vitamin D receptor (VDR). This e-book is suitable for both general readers and scientists involved in vitamin D research or students who are interested in a career in biochemical/medical/nutritional research, especially in the field of vitamin D and the vitamin D receptor.

Contents

- A Brief History of the Vitamin D Field
- How Does Vitamin D Work?
- What Have We Learned from the Epidemiology of Vitamin D?
- Does Vitamin D Supplementation Improve Health?
- Vitamin D Analogs Currently on the Market and in Development
- How are Vitamin D and Its Analogs Used to Treat Human Diseases?
- Future Perspectives
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