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About the ebook

This book is a personal, political and philosophical exploration of doing both therapy and research. It is an enquiry into how the process of therapy shapes the therapist as well as the client, and how the researcher is shaped by her research. A guiding theme throughout the book is the proposal, following Foucault and Nikolas Rose, that psychotherapy is constituted, through forms of modern power, as a crucial contemporary site of both governance and resistance.

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