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Epigenetics of Lifestyle

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About the eBook

Refers to the way in which the environment in the wide sense participates in the regulation of gene expression. This volume is a simplified source of information for both undergraduate and working professionals interested in lifestyle medicine and life sciences in general.

Contents

- Epigenetics of Lifestyle: The Plasticity of the Genetic Information
- Epigenetics of Memory: Evidence and Models
- Epigenetics of Stress
- Epigenetic Mechanisms in Drug Addiction and its Clinical Management
- Epigenetics of Nutrition
- Influences of Environmental Toxicants on the Human Epigenome

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