ASEP’s Exercise Medicine Text for Exercise Physiologists

About the eBook
This textbook demonstrates the importance of exercise medicine, and will familiarize readers with ASEP guidelines. Exercise physiologists in training will, therefore, be prepared for contributing a meaningful role in the healthcare services sector.

Contents
- Regular Exercise and Disease Prevention
- Cardiopulmonary Exercise Testing
- Exercise and Coronary Artery Disease
- Exercise and Obesity
- Exercise and Type 2 Diabetes Mellitus
- Exercise and Hypertension
- Exercise and Stroke
- Exercise and Peripheral Arterial Disease
- Exercise and Chronic Obstructive Pulmonary Disease
- Exercise and Osteoporosis
- Exercise and Cancer
- Exercise and Aging
- Exercise and Depression
- Exercise Physiology: A New Healthcare Profession
- Exercise Medicine
- Entrepreneurship and Exercise Physiology

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