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## Frontiers in Clinical Drug Research Volume 3 (HIV)

Editor: Atta-ur-Rahman, FRS

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## Frontiers in Clinical Drug Research (HIV) *(Volume 3)*

Edited by

## Atta-ur-Rahman, FRS

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### CONTENTS

PREFACE	'i
LIST OF CONTRIBUTORS	ii
CHAPTER 1 HUMAN PAPILLOMAVIRUS IN HIV POSITIVE PEOPLE	3
Cppc 'Tquc 'I ctdwinkc	
HUMAN PAPILLOMAVIRUSES, GENERALITIES	3
HPV Classification	
CERVICAL, ANAL, AND ORAL HPV PREVALENCE AND CANCER HPV CORRELATED	
Cervical Cancer	
Anal Cancer	11
Vulvar Cancer	12
Vaginal Cancer	
Penile Cancer	13
Head and Neck Cancer	13
HPV INFECTION AND HIV POSITIVE PEOPLE	15
3.1. HPV in HIV-Positive Women	15
HPV in HIV-Positive Men	
PROPHYLACTIC HPV VACCINES	
HPV Vaccines, Genital Warts, AIN, and Previous HPV Infection	
HPV VACCINE AND HIV-POSITIVE PEOPLE	24
NEW HPV VACCINES	28
HPV THERAPEUTIC VACCINES	29
HPV RELATED DISEASE PREVENTION IN HIV-POSITIVE PEOPLE	30
CONCLUSION	32
CONFLICT OF INTEREST	32
ACKNOWLEDGEMENTS	
REFERENCES	33
CHAPTER 2 ALLOSTERIC INTEGRASE INHIBITORS	49
Xkevqt kc 'J cpp. 'Rgvgt 'F cy uqp'cpf 'O ct mCuj vqp	
INTRODUCTION	
HIV-1 INTEGRASE: STRUCTURE, FUNCTION, MECHANISM AND IN-DNA NUCLEOP	
COMPLEXES	52
Background	52
Structure	
N-Terminal Domain (Amino Acids 1-49)	
Catalytic Core Domain (Amino Acids 50-212)	
C-Terminal Domain (Amino Acids 213-288)	
Function	
Mechanism	57
IN-DNA Nucleoprotein Complexes	
LEDGF/P75 – STRUCTURAL BIOLOGY, FUNCTION AND LEDGF/P75 IN INTERACTION	
Background	
Structural Biology of LEDGF/p75	
Functional Aspects of LEDGF/p75-IN Interaction	
Target DNA Site Selection	
ALLOSTERIC INHIBITION OF HIV-1 INTEGRASE	
Background	
Targeting the N-Terminal Domain	
-	

Targeting the C-Terminal Domain	
Allosteric Inhibition of IN Activity	
Targeting the LEDGF/p75 – IN Interaction [341]	
Quinoline Based Integrase Inhibitors	
ALLINIS	85
NCINI (TBPQA)	87
Multimeric IN Inhibitors (MINI)	89
Peptides that Inhibit IN	
CONCLUSION	
CONFLICTS OF INTEREST	
ACKNOWLEDGEMENTS	
REFERENCES	
CHAPTER 3 HAART: A BOON TO MANKIND	127
Un k'Dcucm	
INTRODUCTION	128
Morphology and Replication of HIV	
Antiretroviral Drugs	
Special Conditions:	
Several Conditions can Arise When Patient is On ART or Considered to Start ART:	
CONCLUDING REMARKS	
CONFLICT OF INTEREST	
ACKNOWLEDGEMENTS	
REFERENCES	
CHAPTER 4 THE CURRENT PROGRESS AND CHALLENGE IN THE DEVELOPMENT	OF ENTRY
INHIBITORS OF HIV-1	163
Ej cpi 'Nw/cpf 'Zkcqj qpi 'Mqpi	
INTRODUCTION	164
ENTRY INHIBITOR	165
Inhibitors of Interactions between Envelope Glycoprotein and CD4 Receptor	165
Inhibitors of Chemokine Receptor Interactions	
CCR5 Antagonists	
CXCR4 Antagonists	174
Fusion Inhibitors	175
CONCLUSION	176
CONFLICT OF INTEREST	178
ACKNOWLEDGEMENTS	178
REFERENCES	179
CHAPTER 5 PROSPECTS OF REVERSE TRANSCRIPTASE INHIBITORS	185
Ejcpi 'Nkw'cpf 'Zkcqjqpi 'Mqpi	
INTRODUCTION	186
NRTIs	
In the Clinical Application of NRTIs	187
Zidovudine	188
Didanosine	189
Lamivudine	189
Stavudine	190
Emtricitabine	190
Abacavir	191
Tenofovir Disoproxil Fumarate	191
Newer NRTIs	
Festinavir (BMS-986001)	192

	192
TAF (GS-7340)	193
NNRTIs	193
Mechanism of Action of NNRTIs	193
In the Clinical Application of NNRTIs	194
Nevirapine	194
Delavirdine	195
Efavirenz	196
Etravirine	196
Rilpivirine	197
Newer NNRTIs	
Doravirine (MK-1439)	198
KM-023	
Lersivirine	199
CONCLUSION	200
CONFLICT OF INTEREST	
ACKNOWLEDGEMENTS	202
REFERENCES	202
HAPTER 6       HIV-1 INTEGRASE INHIBITORS: TARGETS AND CLINICAL APPLICATION         Ej cpi 'Nw/cpf 'Zkcqj qpi 'Mqpi	210
INTRODUCTION	211
THE DISCOVERY AND DEVELOPMENT OF HIV-1 INTEGRASE INHIBITORS	
Diketo Acids (DKAs)	
Peptides	
Nucleotides	
Natural Compounds and Biological Product	
Schisandraceae & Lignan Compounds	
Schischardeede & Eignan Compounds Salvia Officinalis & Coumarin	
Pometia pinnata & Flavonoids	
Currouma longa L and Curroumin	
Curcuma longa L. and Curcumin	
Polyhydroxylated Aromatic Compounds (PHAs)	
Polyhydroxylated Aromatic Compounds (PHAs)	
Polyhydroxylated Aromatic Compounds (PHAs) Quinolones CAPE-Like Compounds	
Polyhydroxylated Aromatic Compounds (PHAs) Quinolones CAPE-Like Compounds DCTAs and DCQAs Derivatives	227
Polyhydroxylated Aromatic Compounds (PHAs) <i>Quinolones</i> <i>CAPE-Like Compounds</i> <i>DCTAs and DCQAs Derivatives</i> Other Inhibitors	227 229
Polyhydroxylated Aromatic Compounds (PHAs) Quinolones CAPE-Like Compounds DCTAs and DCQAs Derivatives Other Inhibitors Polyphenols	227 229 229
Polyhydroxylated Aromatic Compounds (PHAs) Quinolones CAPE-Like Compounds DCTAs and DCQAs Derivatives Other Inhibitors Polyphenols PDPs	
Polyhydroxylated Aromatic Compounds (PHAs)	
Polyhydroxylated Aromatic Compounds (PHAs)	227 229 229 229 229 229 229 229 231
Polyhydroxylated Aromatic Compounds (PHAs)	227 229 229 229 229 229 229 229 231 232
Polyhydroxylated Aromatic Compounds (PHAs)	227 229 229 229 229 229 231 232 232
Polyhydroxylated Aromatic Compounds (PHAs)	227 229 229 229 229 229 231 232 232
Polyhydroxylated Aromatic Compounds (PHAs) Quinolones CAPE-Like Compounds DCTAs and DCQAs Derivatives Other Inhibitors Polyphenols PDPs CHALLENGES CONCLUSION CONFLICT OF INTEREST ACKNOWLEDGEMENTS REFERENCES IAPTER 7 THE CURRENT PROGRESS AND CHALLENGE IN THE DEVELOPMENT OF P	227 229 229 229 229 229 229 231 232 232 233 <b>PROTEASE</b>
Polyhydroxylated Aromatic Compounds (PHAs) Quinolones CAPE-Like Compounds DCTAs and DCQAs Derivatives Other Inhibitors Polyphenols PDPs CHALLENGES CONCLUSION CONFLICT OF INTEREST ACKNOWLEDGEMENTS REFERENCES HAPTER 7 THE CURRENT PROGRESS AND CHALLENGE IN THE DEVELOPMENT OF P HIBITORS OF HIV-1	227 229 229 229 229 229 229 231 232 232 233 <b>PROTEASE</b>
Polyhydroxylated Aromatic Compounds (PHAs) Quinolones CAPE-Like Compounds DCTAs and DCQAs Derivatives Other Inhibitors Polyphenols PDPs CHALLENGES CONCLUSION CONFLICT OF INTEREST ACKNOWLEDGEMENTS REFERENCES IAPTER 7 THE CURRENT PROGRESS AND CHALLENGE IN THE DEVELOPMENT OF P HIBITORS OF HIV-1 Ej cpi 'Nw/cpf 'Zkcqj qpi 'Mqpi	227 229 229 229 229 231 232 232 232 233 <b>PROTEASE</b> 238
Polyhydroxylated Aromatic Compounds (PHAs) Quinolones CAPE-Like Compounds DCTAs and DCQAs Derivatives Other Inhibitors Polyphenols PDPs CHALLENGES CONCLUSION CONFLICT OF INTEREST ACKNOWLEDGEMENTS REFERENCES HAPTER 7 THE CURRENT PROGRESS AND CHALLENGE IN THE DEVELOPMENT OF P HIBITORS OF HIV-1 Ej cpi "№wtcpf "Zkcqj qpi "Mqpi INTRODUCTION	227 229 229 229 229 231 232 232 233 <b>PROTEASE</b> 238
Polyhydroxylated Aromatic Compounds (PHAs) Quinolones CAPE-Like Compounds DCTAs and DCQAs Derivatives Other Inhibitors Polyphenols PDPs CHALLENGES CONCLUSION CONFLICT OF INTEREST ACKNOWLEDGEMENTS REFERENCES HAPTER 7 THE CURRENT PROGRESS AND CHALLENGE IN THE DEVELOPMENT OF P HIBITORS OF HIV-1 Ej cpi 'Nw/bpf 'Zkcqj qpi 'Mqpi INTRODUCTION RECENT DEVELOPMENTS IN PIS	227 229 229 229 229 231 232 232 233 <b>PROTEASE</b> 238 238 239 241
Polyhydroxylated Aromatic Compounds (PHAs) Quinolones CAPE-Like Compounds DCTAs and DCQAs Derivatives Other Inhibitors Polyphenols PDPs CHALLENGES CONCLUSION CONFLICT OF INTEREST ACKNOWLEDGEMENTS REFERENCES HAPTER 7 THE CURRENT PROGRESS AND CHALLENGE IN THE DEVELOPMENT OF P HIBITORS OF HIV-1 Ej cpi 'Nw/cpf 'Zkcqj qpi 'Mqpi INTRODUCTION RECENT DEVELOPMENTS IN PIS Peptidomimetic PIs	227 229 229 229 229 231 232 232 233 <b>PROTEASE</b> 238 238 239 241 242
Polyhydroxylated Aromatic Compounds (PHAs) Quinolones CAPE-Like Compounds DCTAs and DCQAs Derivatives Other Inhibitors Polyphenols PDPs CHALLENGES CONCLUSION CONFLICT OF INTEREST ACKNOWLEDGEMENTS REFERENCES HAPTER 7 THE CURRENT PROGRESS AND CHALLENGE IN THE DEVELOPMENT OF P HIBITORS OF HIV-1 Ej cpi "Nw'epf "Zkcqj qpi "Mqpi INTRODUCTION RECENT DEVELOPMENTS IN PIS Peptidomimetic PIS FDA Approved PIs	
Polyhydroxylated Aromatic Compounds (PHAs) Quinolones CAPE-Like Compounds DCTAs and DCQAs Derivatives Other Inhibitors Polyphenols PDPs CHALLENGES CONCLUSION CONFLICT OF INTEREST ACKNOWLEDGEMENTS REFERENCES HAPTER 7 THE CURRENT PROGRESS AND CHALLENGE IN THE DEVELOPMENT OF P HIBITORS OF HIV-1 Ej cpi 'Nw/cpf 'Zkcqj qpi 'Mqpi INTRODUCTION RECENT DEVELOPMENTS IN PIS Peptidomimetic PIs	227 229 229 229 229 231 232 232 233 <b>PROTEASE</b> 238 238 239 241 242 242 242

Pyrone Analogues	253
	254
Fullerenes	255
Metallacarboranes	256
Pyrrolidines	256
Novel Structures	257
CONCLUSION	257
CONFLICT OF INTEREST	258
ACKNOWLEDGEMENTS	258
REFERENCES	259
CHAPTER 8 BLOCKING HIV-1 REPLICATION VIA TARGETING THE TAT-MEDIAT	ED

CHAITER 6 BLOCKING HIV-I REFLICATION VIA TARGETING THE TAT-ME	DIATED
TRANSCRIPTIONAL MACHINERY	265
Ej cpi 'Nkw'cpf 'Zkcqj qpi 'Mqpi	
INTRODUCTION	265
INHIBITORS OF TAT-MEDIATED TRANSCRIPTION	267
Inhibitors of TAR-Tat Interaction	267
Molecules that Interfere with Host Cell Factors	272
CONCLUSION	
CONFLICT OF INTEREST	278
ACKNOWLEDGEMENTS	278
REFERENCES	279
SUBJECT INDEX	286

## PREFACE

The book series, "*Frontiers in Clinical Drug Research-HIV*" presents important recent developments in the form of cutting edge reviews written by the authorities in the field. The chapters in this 3<sup>rd</sup> volume are mainly focused on Human papillomavirus (HPV) infections, different HIV-1 inhibitors (integrase inhibitors, protease inhibitors, entry inhibitors and reverse transcriptase inhibitors), Highly Active Antiretroviral Therapy (HAART) and blockage of HIV-1 replication.

Anna Rosa Garbuglia in Chapter 1 discusses a common sexually transmitted disease, Human papillomavirus (HPV) infection that leads to about 250,000 deaths each year. Ashton *et al.*, in chapter 2 discuss the structure, function and mechanism of HIV-1 integrase inhibitors. Highly active antiretroviral therapy (HAART) uses multiple drugs that can act on special viral targets. Chapter 3 by Silpi Basak describes the importance of this therapy that stops the replication of HIV and reduces HIV related deaths, illness and hospitalization by 60-80%.

Chapters 4 to 8 by Liu & Kong provide novel insights into the design of individual anti-HIV strategies on treatments and minimizing side effects for clinical development. These chapters include current progress and challenges in the development of entry inhibitors, prospects of reverse transcriptase inhibitors, targets and clinical applications of integrase inhibitors, outlook of proteinase inhibitors and blocking HIV-1 replication by targeting the Tat-hijacked transcriptional machinery.

I am grateful to all the eminent scientists for their excellent contributions. I also express my gratitude to the editorial staff, particularly Mr. Mahmood Alam (Director Publication), Mr. Shehzad Naqvi (Senior Manager Publications) and Ms. Fariya Zulfiqar (Assistant Manager Publications) for their hard work and persistent efforts.

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## **CHAPTER 1**

## Human Papillomavirus in HIV Positive People

### Anna Rosa Garbuglia<sup>\*</sup>

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Abstract: Human papillomavirus (HPV) infection is the most common sexually transmitted disease worldwide and most sexually active individuals of both sexes acquire HPV at least once during their life. This virus is associated with >90% of anal and cervical cancers. Human immunodeficiency virus (HIV) infection increases incidence of both invasive cervical cancer and anal cancer. The risk of anal HPV infection declines with age in women, whereas this is not the case in men. Prophylactic HPV vaccines represent a promise for cervical and anal cancer prevention in HIV-positive people. Still now, no data are available for prevention of HPV related cancers with anti-HPV vaccination in adult HIV-positive people, but several trials are on-going. Both vaccines are well tolerated and the adverse effects are comparable to those observed in HIV negative people. However, an implementation of secondary prevention would be useful to reduce cervical and anal cancer incidence and mortality after a much shorter interval in all infected people, even in aged subjects.

**Keywords:** Anal cancer, Cervical cancer, Human papillomavirus (HPV), Human Immunodeficiency virus (HIV), Prevention, Vaccine.

### HUMAN PAPILLOMAVIRUSES, GENERALITIES

Papillomaviruses are a heterogeneous group with double strand circular DNA genome approximately 8,000 nucleotides long. All papillomaviruses are host-specific and strictly epitheliotropic. In HPV genome three general regions are present: an early region, which contains 1). Early open reading frames (ORF E1,

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Anna Rosa Garbuglia

E2, E4, E6, E7, E8); 2) Late region, which codes for L1 and L2 proteins, and 3) an upstream regulation region (URR) or long control region (LCR), where sequences with regulatory functions are located (Fig. 1). E1 protein is essential for replication and amplification of the viral episome in the nucleus of infected cells. It is considered one of the best characterized helicases and provides unique insights on how HPVs use different host-cell machinery to replicate and amplify their genomes in a strictly controlled manner [1]. It is the only enzyme encoded by papillomaviruses and it is the most conserved protein encoded by HPV. E1 protein is required to increase the copy number of viral episome upon infection of basal keratinocytes, and then it is needed to maintain a constant level of episome in cells that are displaced upward in the epithelium and which begin to be differentiated. In the end it also promotes the amplification of viral genome during the productive phases of the viral cycle life, which takes place in the upper most differentiated epithelial layers. It must first recognize a specific segment of the viral genome known as "the origin of DNA replication" or ori. E1 has the capacity to induce DNA damage with the subsequent possibility to participate in the early stages of cancer induced by high risk (HR) HPVs. A nuclear accumulation of E1 arrests cells in phase S and it triggers a DNA damage response. Moreover a complex formation with E2 attenuates the ability of E1 to induce DDR (DNA damage response). E2 regulates viral transcription, and it has multiple binding sites in the viral LCR. E2 also plays a role in the regulation of accurate genome partitioning during cell basal division [2].

The E4 coding region is located centrally within the E2 region, and its transcript is the most abundant among HPV coded mRNAs. In general E4 products become detectable at the onset of the vegetative viral genome amplification as the late stages of infection begin. E4 contributes to genome amplification success and virus synthesis because of its high level of expression; E4 is easily visualized in biopsies material by immunostaining, and it could be detected in lesions caused by diverse papillomavirus types. E4 can serve as a biomarker of active infection, and in the cases of high risk human types also for disease severity presence assessment [3 - 5]. In some cutaneous lesions, E4 can be expressed at a higher level than the virion coat proteins, and can account for as much as 30% of the viral proteins content in lesion sites [6, 7]. Historically, E4 ORF was considered to

### Human Papillomavirus

### Frontiers in Clinical Drug Research-HIV, Vol. 3 5

be an "early" viral gene, however currently no obvious function for E4 during the early stages of virus life-cycle has yet been convincingly described. Both animal studies using CRPV [8] and HR HPV types [9, 10] have suggested a role for E4 in modulating genome amplification and virus synthesis. This activity is less pronounced in low risk (LR) HPV (*i.e.* HPV11). It is likely that its primary function is in some steps of virus release and transmission [11].

The difference between the E4 proteins of different papillomaviruses lies in the structures that they form in the infected cells, and in the timing at which these structures appear. Many cutaneous HPV types such as HPV1 and 63 (mu genus), HPV4 and 65 (gamma genus) and HPV5 and 8 (beta genus) form productive papillomas which are characterized by the appearance of inclusion granules. These inclusions are noticeable in the lower and mild epithelial layers and clearly visible in the haematoxylin and eosin stains. These results strengthen the argument to employ E4 protein production as a marker of disease severity. E5 proteins could contribute indirectly to genome amplification by modifying the cellular environment, with E5 also being involved in koilocytes formation [12], and it interferes with apoptosis process. E5 is also thought to make an important contribution to genome amplification success because of its ability to stabilize EGFR and to enhance EGF signalling and MAP kinase activity [13, 14]. However, it seems not to play an essential role in replication activity nor in neoplastic transformation, since some HPV genomes did not have E5 gene.

E6 protein is present both in HR and LR types; it is a basic protein, rich in cysteine and approximately 150 amino acids in size. Two zinc binding domains with the Cys-X-X-Cys are conserved in the E6 proteins of all HPV types. The HR E6 proteins are distributed to both the nucleus and the cytoplasm and have been reported to bind to over 12 different proteins [15]. The transformation capacity of E6 protein has been demonstrated in NIH 3T3 cells (rodent fibroblast) [16] and in cancer derived cells, such as well SiHa and Cashy cell lines, which have E6 and E7 genes randomly integrated in their genome. They are constantly transcribed and carry out they oncogenic activity by inducing degradation of the tumor suppressor protein p53 *via* ubiquitin pathway. P53 protein is a well-characterized tumor suppressor that regulates the expression of proteins involved in cell cycle control, including the cyclin kinase inhibitor, p21. On exposure to DNA damage,

## **CHAPTER 2**

### **Allosteric Integrase Inhibitors**

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**Abstract:** In the recent years, integrase (IN) has emerged as an important new target for the development of anti-HIV-1 agents. The enzyme is involved in a key stage of the retroviral replicative cycle, and interacts with a range of cellular co-factors. Due to the absolute necessity of the enzyme for successful infection and the range of cellular cofactors employed by the enzyme, new ways of targeting both IN and its cofactors could yield agents with improved resistance profiles. Allosteric inhibitors are currently receiving a great deal of focus from both academia and industry alike and offer the possibility of a new class of anti-HIV-1 inhibitor.

**Keywords:** ALLINI, Allosteric, HIV-1, Integrase, LEDGIN, LEDGF/p75, Multimerization, PIC, Retrovirus, STI.

### **INTRODUCTION**

Human immunodeficiency virus type-1 (HIV-1) and human immunodeficiency virus type-2 (HIV-2) are retroviruses [1, 2] that belong to the lentivirus genus and like a lot of retroviruses induce immunosuppression [3] in the host organism. How immunosuppression is achieved is not fully understood, but it involves HIV-1 evading both the innate [4 - 6] and adaptive [7] immune response. In addition, the virus is also able to establish latent reservoirs in specific immune cells, *e.g.* CD4<sup>+</sup> memory T cells [8] and other tissues, *e.g.* the CNS and the gut.

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Hann et al.

Through the use of highly active antiretroviral therapy (HAART) [9, 10], the immunosuppression can be mitigated, but once treatment is withdrawn, there is a rapid viral rebound [11]. Also the poor fidelity [12, 13] shown by reverse transcriptase (RT) [14] when transcribing the viral genome into dsDNA also means that the viral populations can adapt very quickly to their environment and hence resistance is known for all classes of anti-HIV-1 agent [15, 16]. Therefore, until there is an effective way of dealing with both resistance and viral latency [17], there will be a need for new anti-HIV-1 agents.

Viral entry into host cells is a complex phenomenon [18] involving many steps operating in sequence. Initial contact with a host cell by the virus is mediated *via* heparin sulfate [19] and leads to the specific interaction between gp120 and the primary cellular receptor CD4 [20].

Gp120 is derived from the heavily glycosylated envelope protein Env gp160 and contains five conserved domains (C1-C5) and five variable loops (V1-V5) [21]. The binding of gp120 to CD4 induces a significant conformational change in gp120 that facilitates receptor engagement [22]. The binding to the chemokine correceptor (CCR5 or CXCR4) [23, 24] by gp120 exposes the fusion peptide, gp41 which tethers the viral and host membrane together [25]. Following the fusion of the two membranes, the viral capsid is released into the cytosol of the cell, where the virus begins its replicative cycle.

Viral uncoating [26] and reverse transcription is initiated by a viral complex known as the reverse transcription complex (RTC) [27, 28]; the exact nature of the RTC is still to be elucidated but it is known to contain cellular factors and multiple viral proteins including RT, integrase (IN), matrix protein (MA), capsid protein (CA), nucleocapsid (NC), and the accessory protein, (viral protein, regulatory; Vpr) [29 - 31]. As the RTC transolcates towards the nucleus *via* elements of the cytoskeleton [32] (both the microtubule [27, 33] and microfilament [34] networks are used along with a range of associated proteins), it transforms into the preintegration complex (PIC) [35 - 38] and IN prepares the viral DNA for insertion.

IN catalyzes two processes in vivo; 3'-processing and strand transfer (ST) [39,

40]. Both processes are reliant upon the two magnesium ions  $(Mg^{2+})$  in the active site of the enzyme in order to facilitate the chemistry; the 3'-processing process occurs in the cytoplasm as the PIC travels towards the nucleus. Many of the details of how HIV-1 gains entry into the nucleus are still unknown, but it is known to access the nucleus *via* the nuclear pore complex (NPC) [41, 42].

Once HIV-1 has gained entry to the nucleus of its target cell (HIV-1 infects both non-dividing primary cells and growth arrested cells [43, 44]), it selects an integration site in an active gene on the host chromatin [45] with the aid of the host protein, Lens epithelium-derived growth factor/p75 (LEDGF/p75) [46] and undertakes the ST reaction which results in permanent infection of the host cell.

A range of viral accessory proteins [4] help to orchestrate the translation by the host cell's machinery of the viral DNA in to the constituent parts of the HIV-1 virus and the newly synthesized proteins, gp120, gp41, Gag and Gag-Pro-Pol together with the viral RNA are transferred to the plasma membrane [47] where immature virus particles bud off from the cell. During budding, the viral enzyme protease [48, 49] is activated and it processes [50] the viral precursor proteins Gag and Gag-Pro-Pol into functional viral components [51] in a process known as maturation, resulting in infective viral particles.

The three Food and Drug Administration (FDA) approved IN inhibitors, raltegravir [52], elvitegravir [53] and dolutegravir [54] work by chelating to one or more of the Mg<sup>2+</sup> ions inhibiting the strand transfer reaction and hence are known as strand transfer inhibitors (STI) [55, 56]. The introduction of ST IN inhibitors has added another point of attack in the replicative cycle of HIV-1, but due to the important multifunctional role that IN plays in the replicative cycle of the virus, modulation of its activity, particularly its interactions with other components of the PIC, offers the promise of developing a new class of IN inhibitors that are more resistant to the development of resistance. In the recent years, interest has grown in allosteric IN inhibitors that do disrupt the normal functioning of IN and this review will focus on the current state of the field.

## **CHAPTER 3**

### **HAART: A Boon to Mankind**

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Abstract: Human Immunodeficiency Virus (HIV) is a retrovirus which affects mainly the host's immune system along with other systems. Discovered in 1983, HIV created a havoc because of its high mortality due to opportunistic infections and AIDS related carcinoma. The pandemic caused by HIV was due to its easy transmission through blood, blood products, unprotected sex, sharing of needles among intravenous drug abusers and mother to foetus etc. Initially no drug or vaccine was available and the first antiretroviral drug zidovudine was approved for clinical use in 1987. Gradually different classes of antiretroviral drugs have been developed. With use of monotherapy, drug resistance in HIV developed fast due to mutation. In 1996, three studies reported that triple therapy effectively halted the replication of HIV and 60-80% reduction in HIV related deaths, illness and hospitalization, with this, the era of HAART (Highly Active Antiretroviral Therapy) began. HAART is actually Combination Antiretroviral Therapy (CART) and now has become the standard of care. Though HAART does not cure HIV, it stops HIV from replication and transmission to others. In September, 2015, Revised WHO Guidelines for global HIV treatment, has recommended the immediate initiation of ART at the time of diagnosis which has revolutionized HIV treatment. Now with HAART, the person infected with HIV can expect a normal to near normal life expectancy which is really a boon to mankind.

**Keywords:** Antiretroviral drugs, Combination therapy, Drug resistance, HAART, HIV replication cycle, Monotherapy, Pandemic of AIDS, Post exposure prophylaxis, Pre-exposure prophylaxis, Revised WHO Guidelines 2015.

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### INTRODUCTION

The reporting of rare *Pneumocystis carinii* (now known as *Pneumocystis jiroveci*) pneumonia in 4 otherwise healthy homosexual individuals by a General Practioner Dr. Merle A.Sande in 1981, opened the Pandora's box, letting the World know about Acquired Immunodeficiency Syndrome (AIDS) and its devastating effects [1].

Dr. Sande was one of the first to recognize the inevitable public health crisis posed by this newly found disease. In 1983, Luc Antoine Montagnier, a French virologist who was the leader of the team that discovered Lymphaenopathy Associated Virus (LAV), a new type of Retrovirus, previously unknown in humans and the causative agent of AIDS [2]. Robert Charles Gallo, an American biomedical researcher and virologist along with his group isolated and characterized Human T lymphotropic virus-III (HTLV-III) in 1984 [3]. Gallo also reported that in HTLV-III infected persons, the lymph node follicles are the most important site for virus replication. It was also reported that HTLV-III were closely related to leukaemia viruses and was the causative agent of AIDS [3]. Both LAV and HTLV-III were known to cause AIDS and presently known as Human Immunodeficiency Virus-1 *i.e.* HIV-1 as per regulation of International Council for Taxonomy of Viruses (ICTV). Gallo was awarded his second Lasker Award in 1986 for determining that this retrovirus is the causative agent of Acquired Immunodeficiency Syndrome (AIDS) [4, 5]. Later on it was found that sera from prostitutes in Senegal, West Africa, did not react with HIV-1 but they were reacting with Simian Immunodeficiency Virus (SIV). In 1985, Montagnier also isolated a new virus from those sera, which is now known as HIV-2 [6]. In 2008, Luc Montagnier was awarded the Nobel Prize in Physiology and Medicine jointly with Francoise Barre-Sinoussi and Harald zur Hausen for the discovery of HIV, the causative agent of AIDS.

Then, whole world observed how man became the victim of AIDS, a multisystemic deadly disease without any treatment option. The HIV infected individuals were progressing to full blown AIDS and embracing death. WHO declared AIDS as Global Public Health Problem. Till date, HIV infections cause one of the most devastating disease that mankind is experiencing. No effective

vaccine could be developed. Presently, the anti-HIV drugs mainly target the viral enzymes to inhibit viral replication. Hence, a clear concept about the structure, genomic organization and replication of HIV should be there while discussing antiretroviral therapy (ART).

### **Morphology and Replication of HIV**

Both HIV-1 and HIV-2 belongs to family Retroviridae and is a spherical enveloped virus having diameter 90-120 nm. The genome is composed of two identical copies of single stranded positive sense RNA. The Reverse transcriptase enzyme, which is characteristic of retroviruses, remain in association with Viral RNA. The genome is surrounded by an icosahedral capsid and then by matrix protein. The outermost layer is the envelope having glycoprotein spikes on the surface. The HIV genome contains three structural genes gag, pol and env which are characteristics of all Retroviruses. Along with that other nonstructural and regulatory genes specific for HIV are also present. The gag gene codes for a precursor protein p55 which cleave into p15, p18 and p24. The p24 is the most important core antigen which can be detected in patient's serum after HIV infection before seroconversion occurs. So, p24 is the earliest antigenic marker after HIV infection before antibody appears. Then p24 antibody appears and p24 antigen disappears. In full blown AIDS, the reappearance of p24 antigen indicates exacerbation of the disease and poor prognosis. The pol gene codes for reverse transcriptase enzyme and other viral enzymes such as protease, endonuclease etc. The env gene codes for a protein gp160, that is cleaved into gp120 and gp41. The gp120 remains as the projecting knob like spikes on viral surface and gp41 remains as transmembrane pedicle. The gp120 has the domains that binds to CD4 and coreceptors while gp41 anchors the transmembrane / surface complex in virus membrane and also causes fusion between host cell and viral membrane during viral entry. The gp120 is highly pleomorphic and contains five conserved domains (C1 to C5) and five highly variable domains that are stabilized by disulphide bond [7]. The gp120 is the major envelope antigen and antibody to gp120 is the earliest antibody to appear in patient's circulation after HIV infection and this stage is designated as seroconversion. The antibody to gp120 takes around 6 weeks to appear after HIV infection and remain in the circulation till the terminal stage of the disease.

**CHAPTER 4** 

## The Current Progress and Challenge in the Development of Entry Inhibitors of HIV-1

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Abstract: The human immunodeficiency virus (HIV-1) enters cells through a series of molecular interactions between the envelope protein and cellular receptors, thus providing many opportunities to block infection. HIV-1 entry inhibitors are a complex group of drugs with multiple mechanisms of action depending on the stage of the viral entry process they target. Actually, entry inhibitors fall into three categories: attachment inhibitors, co-receptor inhibitors and fusion inhibitors. Maraviroc and Enfuvirtide-that target gp120-CCR5 interaction and gp41-mediated fusion are currently being used in the clinic. Meanwhile, a wide array of additional agents are in various stages of development. The small molecule attachment inhibitor BMS-663068 has shown potent antiviral activity in early phase studies, and phase II trials are underway. The post-attachment inhibitor ibalizumab has shown antiviral activity in phase I and II trials; further studies including subcutaneous delivery of drug to healthy individuals are anticipated. Cenicriviroc, a small-molecule CCR5 antagonist that also has activity as a CCR2 antagonist, has entered phase II studies. No CXCR4 antagonists are currently in clinical trials, but next-generation injectable peptide fusion inhibitors have been ongoing with human trials. These compounds should be used in drug combination regimens to achieve the highest possible benefit, tolerability and compliance and to diminish the risk of resistance development. Unfortunately, as is the case for other classes of antiretroviral drugs that target other steps in the viral life cycle, HIV-1 can also become resistant to entry inhibitors. In this part, we will summarize the current progress in the development of different class of entry inhibitors and the facing limitations in clinical use.

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**Keywords:** Attachment inhibitors, Co-receptor inhibitors, Entry inhibitors, Envelope glycoprotein, Fusion inhibitors, HIV, Resistance.

### **INTRODUCTION**

Although vaccine is possible to prevent infections with some viruses, such as smallpox virus and hepatitis B virus (HBV), it is not for others: hepatitis C virus (HCV), human immunodeficiency virus (HIV), and so on [1]. Antiviral drugs are very important for those viruses without efficient vaccines. There are different strategies of antiviral drug designing, for HIV therapy is aimed at multiple drugs combination [2]. HIV, the causative agent of the acquired immunodeficiency syndrome (AIDS), belongs to the retrovirus family and targets the human immune system. Currently, the treatment of patients with antiviral drugs (ARVs), which has been the most advanced medical treatment of HIV-1 infection, can inhibit HIV-1 replication to undetectable levels. Today, more than twenty drugs representing antiretroviral classes that inhibit five different steps in the viral life cycle have been used in clinic, since zidovudine (AZT), the first drug for treating HIV infection, was approved in 1987. There are also new opportunities for exploitation of anti-HIV targets, and novel strategies of HIV eradication [3, 4].

The entry of HIV-1 into susceptible target cells is a complex, multi-stage process involving sequential attachment, CD4 binding, co-receptor binding, and membrane fusion. The first step in HIV-1 entry is that the surface subunit gp120 of the viral envelope binds to primary receptor CD4. The envelope glycoprotein of HIV-1 is a heterotrimer of three molecules of gp120 and three transmembrane subunits -- gp41 molecules, which remain being attached through non-covalent interactions [5, 6]. CD4 is on the surface of susceptible target cells, such as macrophages, T-helper lymphocytes. Conformation of the trimeric Env complex changes subsequently induced by specific interactions between CD4 and the viral envelope proteins (Env) including exposure of new epitopes in the gp120 surface subunit and undefined changes in non-covalent interactions between gp120 and the gp41 transmembrane subunit. These conformational changes are propitious to binding of gp120 to a chemokine co-receptor, either CCR5or CXCR4, depending on the Env sequence. The fusion peptide of the gp41 ectodomain inserts into the target cell membrane owing to co-receptor binding. Then, in the gp41 ectodomain,

the anti-parallel association of two helically coiled heptad repeats to form a sixhelix bundle brings about the close approximation of the cell and virus membranes, leading to fusion [7 - 9]. Every stage in the process of entry affords a potential opportunity for developing antiretroviral drugs.

HIV-1 entry inhibitors are a complex group of drugs, which possess multiple mechanisms of action depending on the stage of the viral entry process that they target. Two entry inhibitors are approved for the treatment of HIV-1 infection currently. Maraviroc, a CCR5 antagonist, blocks interactions between Env and the CCR5 co-receptor [10]. Enfuvirtide, a fusion inhibitor, disrupts conformational changes in gp41 that drive membrane fusion [11]. Furthermore, the development of drugs targeting other stages in HIV-1 entry is ongoing.

In this part, we will summarize the current progress in the development of HIV-1 entry inhibitors and the facing limitations in clinical use.

### **ENTRY INHIBITOR**

There are plenty of potential targets to impede the entry process as multiple sequential interactions within gp120 and gp41 and host surface proteins are involved in HIV-1 entry. As a result, entry inhibitors are a heterogeneous group of compounds which possess multiple mechanisms of action. Actually, There are three class antiretroviral agents targeting HV-1 entry: attachment inhibitor (inhibits HIV gp120 attachment to CD4), CCR5 inhibitor (inhibits HIV gp120 binding to CCR5, and suitable for R5 tropic virus) and fusion inhibitor (Table **4.1**). Entry inhibitors are currently being used in the clinical treatment, and some more are under development. Unfortunately, under normal circumstance, HIV can also become resistant to entry inhibitors when the existence of other classes of antiretroviral drugs that target other steps in the viral life cycle.

Here, we focus mainly on the drugs which are or have been tested in clinical trials.

### Inhibitors of Interactions between Envelope Glycoprotein and CD4 Receptor

A number of strategies that can block interactions between CD4 and gp120 have been pursued since the identification of CD4 as the initial receptor for HIV-1. The

## **CHAPTER 5**

### **Prospects of Reverse Transcriptase Inhibitors**

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Abstract: Despite being the first anti-viral described to be effective against HIV, reverse transcriptase inhibitors remain the cornerstone of highly active antiretroviral therapy (HAART). There are two broad classes of reverse transcriptase inhibitor, the nucleoside reverse transcriptase inhibitors (NRTIs) and nonnucleoside reverse transcriptase inhibitors (NNRTIs). In this part, we firstly introduce the approved reverse transcriptase inhibitors containing eight NRTIs (zidovudine, didanosine, zalcitabine, stavudine, lamivudine, abacavir, emtricitabine and tenofovir disoproxil fumarate) and five NNRTIs (nevirapine, efavirenz, delavirdine, etravirine and rilpivirine). As a dNTP analog, an NRTI is converted to a dNTP analog by a phosphorylation cascade performed by cellular kinases, and then RT catalytically incorporates the drug as an NRTI monophosphate at the 3'-end of the growing viral DNA primer. Upon incorporation, an NRTI inhibits the elongation of DNA primer because NRTIs lack a 3'-OH group that prevents addition of the next nucleotide. An NRTI-triphosphate does not block the activity of an RT molecule, however, certain RT mutations cause NRTI resistance by discriminating an NRTI-triphosphate from the analogous dNTP substrate. Unlike NRTIs that do not directly inhibit RT, an NNRTI drug binds to a hydrophobic pocket in the palm sub-domain adjacent to the base of the thumb sub-domain and allosterically inhibits DNA polymerization. The NNRTI pocket permits the design of highly specific inhibitors having low toxicities and minimal side effects. The NNRTI pocket is not required to be highly conserved for carrying out the enzymatic activity unlike the conserved active site or dNTP-binding site of RT. Therefore, HIV-1 has a relatively lower genetic barrier for developing NNRTIresistance mutations than for NRTI-resistance mutations. Primary NNRTI-resistance mutations appear in and around the NNRTI pocket, that is, most of the pocket residues can mutate to confer NNRTI resistance. Then we will focus on six new drugs which are

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currently in preclinical or approved for second-line therapy and describe the patterns of resistance associated with their applications as well as the underlying mechanisms that have been described. Newer RTIs have greater anti-viral activity and less toxic than older. Some reverse transcriptase inhibitors with a low genetic barrier are more commonly used due to affordability and availability in resource-limited settings. While their application results in the emergence of specific patterns of antiviral resistance, useful strategies and new compounds are necessary for patients in such settings.

**Keywords:** Antiviral activity, Drug-resistant, Nonnucleoside reverse transcriptase inhibitors (NNRTIs), Nucleoside reverse transcriptase (NRTIs), Reverse transcriptase inhibitors (RTIs), Toxicity.

### INTRODUCTION

During the HIV-1 life cycle, HIV-1 reverse transcriptase (RT) possesses the ability to convert its single-stranded RNA genome into double-stranded DNA [1]. Because of its unique association with retroviruses, RT has since long been considered as an attractive target, and pending elucidation of the role of the RT and retroviruses in any human pathology, numerous inhibitors of RT were described in 30 years. These inhibitors could be classified into nucleoside/ nucleotide reverse transcriptase inhibitors (NRTIs) and non-nucleoside reverse transcriptase inhibitors (NRTIs) two classes (Table **5.1**). NRTIs incorporate into nascent viral DNA and block further extension of DNA (Fig. **5.1**). NNRTIs stop HIV-1 replication by binding to the hydrophobic pocket within the p66 subunit of RT enzyme (Fig. **5.1**) [2]. NNRTIs are noncompetitive inhibitors of HIV-1 RT and do not require activation.

Nucleoside/Nucleotide Reverse Transcriptase Inhibitors (NRTIs)		Non-Nucleoside Reverse Transcriptase Inhibitors (NNRTIs)	
Zidovudine	AZT	Nevirapine	NEV
Didanosine	ddI	Efavirenz	EFV
Zalcitabine	ddC	Delavirdine	DLV
Stavudine	d4T	Etravirine	ETR
Lamivudine	3TC	Rilpivirine	RPV

Table 5.1. Generic names and common abbreviations for FDA-approved reverse transcriptase inhibitors.

### **Reverse Transcriptase Inhibitors**

Frontiers in Clinical Drug Research-HIV, Vol. 3 187

(Table 701) contd Nucleoside/Nucleotide Reverse Transcriptase Inhibitors (NRTIs)		Non-Nucleoside Reverse Inhibitors (NNI	•
Abacavir	ABC		
Emtricitabine	FTC		
Tenofovir	TDF		

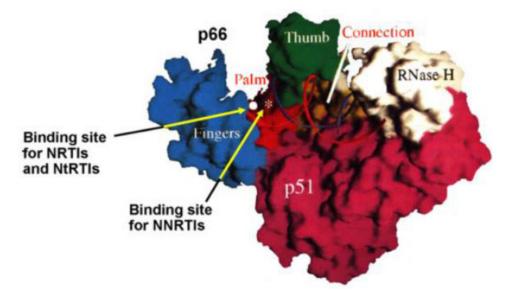


Fig. (5.1). Human immunodeficiency virus (HIV) reverse transcriptase with the binding site for NRTIs and NNRTIs.

### NRTIs

### In the Clinical Application of NRTIs

NRTIs are analogs of naturally occurring dNTPs that lack a 3'-hydroxyl group on theribose sugar/pseudosugar [3]. To exhibit antiviral activity, NRTIs must be metabolically converted by host-cell kinases to their corresponding triphosphate forms, which then inhibit viral DNA synthesis by acting as chain-terminators of DNA synthesis. So far, eight NRTIs-zidovudine (AZT, Retrovir<sup>®</sup>), didanosine (ddI, Videx<sup>®</sup>), zalcitabine (ddC, Hivid<sup>®</sup>), stavudine (d4T, Zerit<sup>®</sup>), lamivudine (3TC, Epivir<sup>®</sup>), abacavir (ABC, Ziagen<sup>®</sup>), emtricitabine ((-)FTC, Emtriva<sup>®</sup>) and tenofovir disoproxil fumarate (TDF, Viread<sup>®</sup>) have been approved by the US Food and Drug Administration (FDA) for the treatment of HIV (Fig. **5.2**) [4].

## **CHAPTER 6**

# HIV-1 Integrase Inhibitors: Targets and Clinical Application

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Abstract: Since the discovery of HIV as the etiology for AIDS 30 years ago, major progress has been made, including the discovery of drugs that now control the disease. Integration of the HIV-1 DNA is required and essential to maintain the viral DNA in the infected cell. Integration process occurs in several events, mainly in endonucleolytic processing of the 3' ends of the viral DNA and strand transfer or joining of the viral and cellular DNA. The design and discovery of integrase inhibitors were first focused on targeting the catalytic site of IN with a specific effect on strand transfer. Several integrase inhibitors were developed clinically. Here, we reviewed the integrase (IN) inhibitors from the discovery of the first compounds 20 years ago to the approval of two highly effective IN strand transfer inhibitors, raltegravir and elvitegravir, and the promising clinical activity of dolutegravir. We divide the development of integrase inhibitors into six parts, which are diketo acids, peptides, nucleotides, natural compounds and biological product, polyhydroxylated aromatic compounds and other inhibitors. After summarizing the molecular mechanism of integrase inhibitors, we discuss the remaining challenges. Those include: overcoming resistance to clinical drugs, long-term safety, cost of therapy, and the development of new classes of inhibitors.

**Keywords:** Diketo acids, HIV-1 integrase inhibitors, Natural compounds and biological product, Nucleotides, Peptides, Polyhydroxylated aromatic compounds.

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### **INTRODUCTION**

Since the clinical identification of AIDS, There have emerged many extraordinary scientific efforts to find an effective therapeutic approach to combat with it, and highly active antiretroviral therapy (HAART) was an effective therapy applied in the clinical application [1]. HAART has had considerable success in controlling HIV infection. However, there are still two key issues: first, the emergence of extensively cross-resistant strains of HIV-1 (partly because of poor compliance), and second, the adverse effects (poor tolerability, drug-drug interactions, toxicities) of long-term use of these drug regimens, leading to poor patient compliance (namely, failure of patients to adhere to the drug regimen) [2]. Additional efforts to improve the current therapeutic approaches are needed. Among so many experimental inhibitors of HIV-1 replication, integrase inhibitors are considered to be a highly promising drug class. Insertion of the viral genome into host cell chromatin by the viral integrase (IN) is a necessary step for the propagation of retroviruses to allow the transcription of the viral genome and the production of viral proteins. When the virus enters the target cell, the viral RNA genome is reverse transcribed to form a linear, double-stranded DNA [3]. Integration is required for viral replication because the transcription of the viral genome and the production of viral proteins require the vDNA integrated into the host chromosome.

IN carries vDNA integration following two consecutive steps: 3'-processing (3'-P) in the cytoplasm and strand transfer (ST) in the nucleus (Fig. **6.1**). For 3'-P IN processing vDNA by cleaving its 3'-end immediately after a conserved CA dinucleotide, thereby releasing a GT dinucleotide from each long terminal repeats (LTRs) 3' ends. The pre-integration complex (PIC) then translocate to the nucleus where IN binds to the cellular target DNA. ST is carried out by IN tetramers, allowing the concerted integration of both extremities of the linear vDNA, five bases from each other on opposite strands, producing a 5-nucleotide sequence that is repeated at each side of the fully integrated proviral DNA. Thus, to complete the integration process, ST products need to be processed and fully sealed with the host genome. This "repair" step requires removal of the two mispaired nucleotides at the 5'-ends of the vDNA and gap filling. Once repaired, transcription, translation, and maturation of the different viral components lead to the assembly

Liu and Kong

of new particles budding out of the cell. Of note, a small but consistent fraction of PIC (around 1%) can undergo different processes after nuclear import [4]. Those include end-joining, homologous recombination, or auto integration (IN dependent) and produce circular forms of vDNA. Inhibition of IN markedly increases the proportion of those forms, raising the question of potential expression or DNA reservoirs for later integration [4, 5].

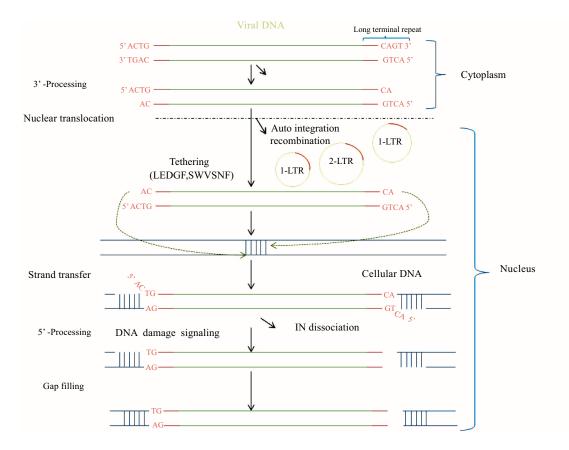


Fig. (6.1). Schematic steps for integration.

HIV-1 IN is a 32 kDa polypeptide of 288 amino acids, belonging to a family of proteins including RNase H, Ruv C, and other retroviral IN. IN contains three domains. The N-terminal domain (NTD, amino acids 1-49) contains a zincbinding motif, HHCC, important for oligomerization. IN residues 50-212 correspond to the catalytic core domain (CCD), including a D-D35-X motif

### **CHAPTER 7**

# The Current Progress and Challenge in the Development of Protease Inhibitors of HIV-1

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Abstract: HIV protease plays a crucial role in the viral life cycle by processing the viral Gag and Gag-Pol polyproteins into structural and functional proteins essential for viral maturation. Inhibition of HIV-1 protease leads to the production of noninfectious virus particles and hence is an important therapeutic target for antiviral therapy in AIDS patients. It is a 99-residue protein belonging to the class of aspartic acid proteases, functioning as a catalytic dimer. The inclusion of protease inhibitors (PIs) in highly active antiretroviral therapy has significantly improved clinical outcomes in HIV-1 infected patients. The first HIV-1 protease inhibitors were developed in the mid-1990s and approved for clinical practice by 1995. So far ten such drugs have been approved for HIV treatment by the US Food and Drug Administration, including saquinavir, indinavir, ritonavir, nelfinavir, amprenavir, lopinavir, fosamprenavir, atazanavir, tipranavir and darunavir, and broadly divided into first, second, and third generations. Expect for tipranavir, all of them are competitive peptidomimetic HIV protease inhibitors, which are able to mimic the transition state of HIV-1 protease substrates. However, the rapid emergence of drug-resistant HIV-1 strains and the appearance of cross-resistance are severely limiting the long-term treatment options, all of these make it urgent to develop new HIV protease inhibitors to combat the global disease. Thus, numerous efforts have been made in the design and synthesis of novel protease inhibitors with broad-spectrum activity against multidrug-resistant HIV-1 variants by medicinal chemists. Recently, considerable attention has been paid to the development of newer compounds capable of inhibiting wild-type and resistant HIV-1 protease. In this review, we have made an attempt to provide an overview on newly

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Development of Protease Inhibitors

developing peptidomimetic and non-peptidomimetic PIs, and treatment of related recent patents in the development of novel PIs.

**Keywords:** Antiviral efficacy, Development, HIV, Modify, Peptidomimetic PIs, Non-peptidomimetic PIs, Toxicities, Treatment.

### **INTRODUCTION**

Protease plays a vital role in the maturation of released virions. It is a 99-residue protein belonging to the class of aspartic acid proteases, functioning as a catalytic dimer [1 - 4]. It helps in processing Gag-Pol and Pol polyproteins into mature functional and structural proteins. In the absence of this enzyme, the nascent virions are non-infectious and hence the transmission of HIV-1 is prevented. Thus, protease seems to be an indispensable target in the treatment of HIV-1.

HIV-1 protease inhibitors are small molecules that inhibit HIV-1 replication by actively competing for the binding site of the viral protease enzyme [5]. The first HIV-1 protease inhibitors were developed in the mid-1990s and approved for clinical practice by 1995. So far ten such drugs have been approved for HIV treatment by the US Food and Drug Administration, broadly divided into first, second, and third generations, with progressive improvements in terms of potency and genetic barrier, dosing schedule, or toxic effects [6].

## First-generation HIV-1 protease inhibitors: nelfinavir, indinavir, ritonavir, saquinavir (Fig. 7.1)

- High pill burden and low tolerance, mainly replaced by new protease inhibitors in clinical practice.
- Ritonavir mainly used as a component of boosted protease inhibitors.
- Nelfinavir not on the market.

## Second-generation HIV-1 protease inhibitors: lopinavir, atazanavir, amprenavir, fosamprenavir (Fig. 7.2)

- Increased potency and tolerance.
- Lopinavir plus ritonavir: available as a heat-stable, fixed-dose combination; currently the only coformulated protease inhibitor; available and recommended

Liu and Kong

by WHO (since 2003) for second-line antiretroviral therapy in low-income and middle-income countries.

- Atazanavir plus ritonavir is recommended by WHO as an alternative for secondline antiretroviral therapy in low-income and middle-income countries.
- Fosamprenavir (prodrug of amprenavir) is preferred over amprenavir.

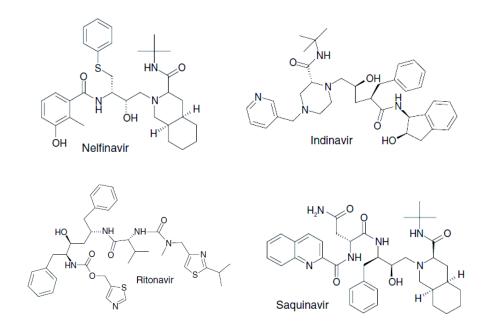


Fig. (7.1). Approved first-generation protease inhibitors.

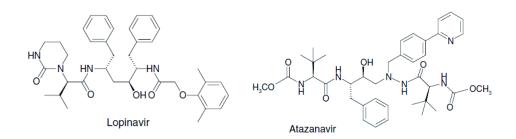


Fig. (7.2). Approved second -generation protease inhibitors.

## **Blocking HIV-1 Replication** *via* **Targeting the Tatmediated Transcriptional Machinery**

### Chang Liu\* and Xiaohong Kong\*

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Abstract: HIV-1 infection can be effectively controlled by highly active antiretroviral therapy (HAART), which improves the quality of lives of infected individuals, but fails to completely eradicate the virus, even after decades of treatment. This issue, together with the emergence of multi-drug-resistant viruses, clearly underscores the continuing need to find novel agents able to target vulnerable steps in the viral replication cycle. HIV transcriptional regulation is a crucial step required to re-initiate viral replication from post-integration latency after interruption of therapy and to keep the virus in circulation. In this step, the viral protein Tat plays a central role by dramatically increasing the production of elongated transcripts through its unique interaction with the viral TAR RNA and the cellular cofactor P-TEFb, together with a myriad of other host factors which are recruited to the viral promoter to ensure efficient transcription. The transcriptional machinery, involving an intricate interplay of many viral and cellular components, offers a plethora of potential therapeutic targets that have not yet been exploited by any of the antiretroviral drugs used in therapy.

**Keyword:** HIV Tat, P-TEFb, TAR, Transcription inhibitors.

### INTRODUCTION

The introduction of antiretroviral drugs (highly active antiretroviral therapy, HAART) has changed the infection of HIV-1 infection, leading to a significant reduction in AIDS-related morbidity and mortality, HIV treatment still faces

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many challenges. A major concern is the continued increase of virus variants resistant to more of the administered drugs [1, 2]. Therefore, continual endeavor should be identification of new targets for drug therapy characterized by being essential for viral replication and therefore less prone to mutational changes.

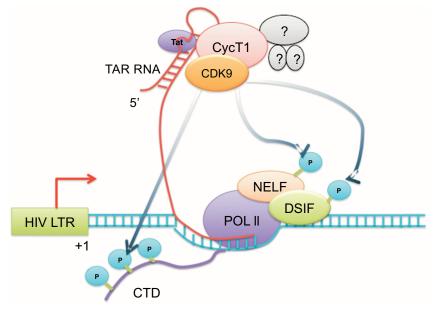
Within the HIV-1 life cycle, its gene transcription is an essential step and the only stage during which viral genome amplification occurs. Transcription or synthesis of HIV-1 protein coding genes by RNA polymerase is a complex and multistage process, which is regulated by the viral and cellular factors. It is well known that the virally encoded Tat protein is essential for efficient transcription and plays a central role in sustaining a high level viral replication [3]. In the absence of Tat, HIV only produces short completely spliced mRNAs encoding Tat and Rev, but cannot be efficiently elongated to produce full-length viral RNA genome [4]. Tat is a 86–101 residue regulatory protein, where N-terminal domain (residues 1-19), cystein (Cys)-rich domain (residue 20-39), core domain (residue 40-47), and basic domain (residue 48-56), are recognized to be essential for its transactivation function. Tat protein binds to the trans-activating response element (TAR), a highly stable secondary stem-loop structure located at the 5'-end of nascent viral RNA transcripts. This Tat/TAR complex can active the transcription. After Tat/TAR interaction, transcriptionally active complexes assembled at the LTR. The assembly of the Tat-TAR-P-TEFb complex to the HIV promoter activates Cdk9 kinase activities, which further auto-phosphorylates P-TEFb and hyperphosphorylates the C-terminal domain of RNA polymerase II. Finally, these transcription elongation complexes lead to synthesize full-length HIV viral mRNA [5]. Some other cellular proteins have been reported to mediate or modulate Tat activity, such as Tat-associated kinases (TAKs), Tat-associated histone acetyl-tranferases (TAHs) and other many host factors. TAKs comprise RNApII carboxyl terminal domain (CTD) kinases TFIIH, PTEF-b, and CDK2/cyclin E, while TAHs include p300/CBP complex, the p300/CBPassociated factor (P/CAF) and GCN5 (Fig. 8.1) [6].

Recent findings on the molecular mechanisms which control HIV-1 transcription and latency confirm the main role of the viral trans-activator protein Tat which acts like a molecular switch between productive transcription and latency [8]. Since Tat is required to sustain high level of HIV-1 active replication and is

### **Blocking HIV-1 Replication**

### Frontiers in Clinical Drug Research-HIV, Vol. 3 267

essential for viruses to emerge from latency, Tat mediated transcription inhibitors could be a valid strategy that holds great potential in an attempt to eliminate viral latency. Considering that HIV-1 transcription regulation requires a complex interplay of both viral and cellular components, such inhibitors are expected to decrease the incidence of drug resistance. So further research efforts have focused on discovering and developing of selective HIV-1 replication inhibitors for Tat-mediated transcription. Accordingly, this part will report on the most recent and significant Tat mediated transcription inhibitors and molecules interfering with the well-consolidated Tat/TAR/P-TEFb axis, as well as novel therapeutics that interfere with other cellular cofactors which support the Tat trans-activating activity.



**Fig. (8.1).** The function of HIV Tat [7].

### **INHIBITORS OF TAT-MEDIATED TRANSCRIPTION**

### **Inhibitors of TAR-Tat Interaction**

TAR RNA forms a stable construction that includes a six-residue loop, a trinucleotide pyrimidine bulge, and extensive duplex structure. In particular, the pyrimidine bulge and adjacent duplex of TAR are specifically involved in Tat binding. It has been reported that disruption of this interaction between Tat and

### SUBJECT INDEX

### A

Abacavir, metabolism of 135 Abdominal pain 134, 138, 190, 191 Acids 5, 6, 28, 52, 53, 55, 58, 136, 140, 175, 210, 212, 213, 214, 221, 224, 271 amino 5, 6, 28, 52, 53, 55, 58, 136, 140, 175, 212, 213, 214, 224, 271 diketo (DKAs) 210, 214, 215, 216 lithospermic 221 Acquired immunodeficiency syndrome 15, 128.164 Activity 5, 6, 28, 51, 52, 53, 56, 57, 58, 60, 66, 72, 74, 75, 78, 81, 89, 90, 91, 92, 136, 140, 163, 172, 174, 185, 189, 190, 191, 196, 200, 214, 216, 217, 218, 220, 223, 229, 238, 241, 242, 245, 251, 258, 267, 272, 274, 276 broad-spectrum 238, 242 enzymatic 140, 185, 196, 218, 258 pharmacological 220, 223 potent 174, 200 strand-transfer 217, 218 trans-activating 267, 272 Adenocarcinoma 10, 12, 20, 22, 23 Adeno squamous cell carcinoma (ASCC) 11 ADIS therapy 257, 258 Adverse events following immunizations (AEFIs) 23 AIDs 27, 128, 188 causative agent of 128 clinical trials group (ACTG) 27 related complex (ARC) 188 **ALLINI** inhibitors 89 Allosteric inhibitors 49, 72, 85, 92 AlphaScreen assay 78, 79, 81, 82 Amdoxovir 135 Aminoglycoside-arginine conjugates (AACs) 271 Amprenavir 137, 138, 139, 238, 239, 240, 242 Antibodies 8, 20, 25, 28, 129, 277 Antigen presenting cells (APC) 21 Anti-HIV-1 49, 50, 81, 83, 129, 132, 133, 141, 142, 151, 175, 218, 224, 228, 270, 272, 274, 275

activity 81, 83, 218, 270, 272, 274, 275 agents 49, 50, 270 inhibitor 49 activity 133, 175, 224 drugs 132, 133 drugs 129, 141, 142, 151, 228 Antiretroviral 127, 131, 132, 140, 141, 144, 147, 153, 163, 165, 197, 198, 265 drug(s) 127, 131, 132, 140, 141, 144, 147, 153, 163, 165, 197, 198, 265 development 131 Antiretroviral therapy 17, 25, 50, 129, 141, 142, 143, 144, 145, 146, 147, 148, 149, 185, 211, 238, 240, 265 active 50, 185, 211, 238, 265 second-line 240 Antiretroviral treatment 177, 257 Antisense inhibitors 269 targeted 269 Antiviral activity 77, 83, 163, 167, 176, 186, 187, 192, 193, 200, 223, 224, 227, 229, 244, 247, 248, 250 Antiviral drugs 164, 188, 201 first 188 Antiviral 87, 89, 172, 193, 239, 243, 244, 246, 247 efficacy 172, 193, 239, 244, 246 potency 87, 89, 243, 247 Approved first-generation protease inhibitors 240Approved third-generation protease inhibitors 241 APV, clinical inhibitors 250 ART and antivirals for HCV 149 ART-treated participants 25 ARV 138, 139, 140 agents 138, 139 in treatment-experienced patients 140 Avian sarcoma virus (ASV) 53, 66

### B

Baseline resistance 144 Basic PEP regimen 151 Binding affinities 85, 90, 167, 253, 256

Atta-ur-Rahman (Ed.) All rights reserved-© 2016 Bentham Science Publishers

286

### Subject Index

Binding interactions 67, 75, 77, 81, 87, 88, 247, 255 multiple 67 pocket 75, 87, 88, 247 Biodim mutabilis 88 Biscatechol moieties 221 Bivalent vaccine 22, 23, 24, 25, 26, 28 BMS inhibitors 168 Boehringer Ingelheim (BI) 87, 89 Bonding interactions 68, 73, 77, 89, 91 extensive 89, 91 Bone mineral density (BMD) 148, 193

### С

Cancers 3, 4, 5, 8, 9, 10, 11, 12, 13, 15, 20, 31, 32, 131, 143, 147, 231, 272, 274 neck 13, 20 oropharyngeal 13 penile 13 vaginal 12 vulvar 12 CAPE derivatives 228 Carbon chain spacers 243, 244 Carboxylate groups 54, 8 Cardiac conduction defects 148 Catalyses 50, 53, 57, 59, 140, 228, 229 Catalytic 52, 53, 54, 55, 56, 61, 64, 65, 66, 67, 72, 75, 76, 79, 88, 91, 140, 194, 210, 212, 217, 218, 228, 230, 232, 243, 244 activity 52, 217, 232 core domain (CCD) 52, 53, 54, 55, 56, 61, 64, 65, 66, 67, 72, 75, 76, 79, 88, 91, 140, 212, 217, 218, 228 sites 88, 194, 210, 230, 232, 243, 244 CCD-CCD 65, 68, 76, 81, 82, 87, 91 dimer interface 81, 87, 91 interface 65, 68, 76, 82 CCD 53, 55, 57, 58, 66, 68, 76, 75, 77, 84 -CTD domains 53, 55 dimer 66, 76 dimer interface 75, 77, 84 domain 57, 58 -IBD interaction 66, 68 CCR5 165, 171, 173, 174 antagonist 165, 171, 172, 173, 174 co-receptor 165, 172

inhibitors 165, 172, 174 -inhibitor treatment 172 CD4 130, 139, 144, 146, 165, 167, 169, 170, 219 bs inhibitors 167 cell count 144. 146 mimetics 167 receptor 130, 139, 165, 169, 170, 219 CDK2 inhibitors 274 CDK9-selective inhibitors 272 Cell(s) 4, 5, 8, 10, 16, 17, 18, 26, 29, 30, 49, 50, 51, 64, 75, 80, 130, 131, 133, 147, 152, 163, 165, 172, 178, 189, 212, 219, 220, 221, 228, 256, 272, 275, 276 abnormal 10 activity 29 assay systems 220, 221 cultures 17, 152, 167, 215, 219, 226, 229, 269, 272 cycle 63, 71, 274 membranes 169, 170 response 27, 29 squamous 10 Cellular 50, 266, 269, 272, 274, 275, 276, 277 factors 50, 266, 269, 272, 274, 276, 277 protein inhibitors 275 Cervical 3, 9, 10, 11, 15, 17, 18, 20, 24, 28, 29, 30, 31, 32 cancer development 24 cancer mortality 31, 32 cancers 3, 9, 10, 11, 15, 18, 20, 28, 29, 30, 31, 32 cytology 17, 31 intraepithelial neoplasia (CIN) 9, 29, 30 Chromatin 63, 70, 71 Cleaved donor complex (CDC) 59, 152 Combination antiretroviral therapy (CART) 127 Comorbid diseases 147 Compounds 21, 74, 75, 76, 77, 81, 84, 86, 87, 163, 165, 171, 172, 176, 178, 186, 196, 198, 201, 210, 214, 215, 219, 220, 221, 222, 223, 225, 228, 229, 231, 238, 241, 243, 244, 245, 247, 248, 250, 251, 254, 256, 257, 274, 276, 277, 278 active 215, 223 anti-HIV-1 245, 276 derivative 254, 276

Frontiers in Clinical Drug Research-HIV, Vol. 3 287

natural 210, 219, 229 novel 176, 241 polyhydroxylated aromatic 210, 225 Computer-assisted drug design (CADD) 222 Co-receptor 132, 139, 140, 163, 164, 169, 170, 173.178 antagonists 169, 170, 178 binding 139, 164, 170, 173 binding site 170 inhibitor 139, 140 approved 139 inhibitors (CRIs) 132, 163, 164, 169, 170 Coumarins 75, 229, 253 Creatinine clearance 148 Cross-protection 23 Cross-resistance 230, 232, 238, 242 Crystallisation 53 Crystal structure 52, 54, 67, 79, 89, 175, 213, 215, 277 C-terminal 52, 55, 56, 61, 64, 72, 73, 74, 140, 213, 224, 225, 266, 273 DNA-binding domain 224, 225 domain (CTD) 52, 55, 56, 61, 64, 72, 73, 74, 140, 213, 266, 273 Curcuma longa 223, 224 Curcumin 75, 223, 224, 225, 275 effects of 224, 225 CXCR4 163, 170, 171, 174, 175 antagonists 163, 174 inhibitors 174, 175 -usage virus 170, 171, 174 Cyclic urea inhibitor 255 Cyclin kinase inhibitor 5 CYP3A inhibitors 140 Cytotoxic 8, 26, 219, 221 Cytotoxic T lymphocytes (CTLs) 26, 131

### D

Darunavir 137, 139, 193, 238, 241, 242 DCQAs derivatives 227, 228, 229 DDE family 52 DDE motif 53, 54, 56, 61, 62, 213 invariant 53, 54 Deferiprone 153 Delavirdine 136, 185, 194, 195, 196 Derivatives 221, 244 allophenylnorstatine 244 caffeic acid 221 Development of HIV-1 integrase inhibitors 214 Diarrhea 138, 190, 191, 231 Dicarbollide 256 Didanosine 131, 133, 134, 185, 186, 187, 188, 189 Dimer 53, 55, 56, 61, 62, 68, 72, 76, 82, 87, 89, 238, 239 catalytic 238, 239 interface 67, 74, 75, 77, 84, 87, 88 modified coumarin 222 Disintegration reaction 224, 225, 227 Displayed subnanomolar inhibitory potency 247 Disrupt protein-protein interactions 72 DKA inhibitors 214 DNA 4, 5, 6, 52, 53, 55, 57, 58, 59, 61, 62, 68, 69, 71, 72, 73, 76, 130, 132, 186, 196, 213, 225, 226, 276 damage 4, 5, 6 nucleosomal 71 -mediated trans-activation 276 **DNTP** analog 185 Drug development 153, 200 Drug resistance 127, 137, 146, 147, 153, 168, 177, 230, 232, 248, 253, 257, 267, 274 combat 247, 248 development of 146, 147 high-level five-class antiretroviral 168 Drug-resistance mutations 229, 230, 250 in HIV-1 protease 250 Drugs 135, 141, 176, 178, 194, 195, 222 five NNRTI 194, 195 molecular entity 222 monotherapy 135 multiple 141, 178 peptide 176 Drugs treatment failure 177 Dual inhibitor 78

Atta-ur-Rahman

Subject Index

Dysplasia 10, 11, 19, 27 anal 19, 27

### E

Efavirenz 136, 137, 140, 142, 145, 148, 173, 185, 194, 196, 197, 217 Elvitegravir 51, 63, 140, 142, 148, 193, 210, 214, 215 Emtricitabine 133, 135, 148, 152, 185, 187, 188, 190, 197, 231 Enfuvirtide 165, 166, 175, 176, 178 Envelope glycoprotein 164, 165 Epidermodysplasia verruciformis (EV) 15 Episome, viral 4, 8 Epithelial cells 8, 9 Epithelium-derived growth factor inhibitor 84 Ergot alkaloids 136, 137

### F

FDA-approved reverse transcriptase inhibitors 186 Festinavir 192 First-generation HIV-1 protease inhibitors 239 Flavopiridol 272, 273 Fosamprenavir 137, 238, 239, 240, 242 Fusion inhibitor 139, 165, 166, 176 approved 139 Fusion inhibitor(s) 132, 139, 163, 164, 175, 176 bioavailable 176 enfuvirtide 175 injectable peptide 163

### G

Gastrointestinal symptoms 134, 135, 139 Generation, developing novel 228, 229 Generations, third 176, 232, 238, 239 Generation 63, 136, 240, 241 inhibitor 63 NNRTIS 136 protease inhibitors 240, 241 Genes 5, 15, 21, 63, 70, 130, 134 Genital secretions 143 Genome amplification success 4, 5 Frontiers in Clinical Drug Research-HIV, Vol. 3 289

Geometric mean titer (GMT) 24 Globoidnan 220, 221 Glycoprotein gp 139 Gp41 ectodomain 164 G-rich oligonucleotides 219

### H

HAART therapy 17, 18, 20 HDAC inhibitors 149 Hepatitis 134, 148, 149, 164, 191, 216 B virus (HBV) 134, 148, 164, 191 C virus (HCV) 149, 164, 216 Hepatoma-derived growth factor (HDGF) 63 Hepatotoxicity 133, 136, 139 fatal 136 Heterocyclic, substituted 84 High throughput screening (HTS) 220 History of antiretroviral drug development 131 HIV-1 73, 74, 166, 223 anti 223 inhibited 73, 74 primary 166 HIV-1 entry inhibitors 163, 165 HIV-1 infection 70, 153, 164, 165, 178, 191, 193, 257, 265, 276 treatment of 165, 178, 191 HIV-1 integrase 52, 72, 214, 216, 219, 220, 221, 222, 224, 225 inhibition of 221 HIV-1 integrase activity 215, 219 HIV-1 protease 238, 239, 241, 242, 243, 244, 246, 247, 250, 251, 254, 256, 257 enzvme 244 inhibitors 239, 242, 247, 250, 251 resistant 238, 241 HIV-1 replication 86, 90, 164, 171, 201, 211, 215, 222, 225, 226, 229, 239, 270, 272, 273, 275 and NF-kB inhibitors 275 HIV-1 reverse transcriptase 135, 186, 191, 195,268 HIV-1 Tat activities and inhibited HIV infection 270 HIV-1 Tat-mediated transcription inhibitor 276HIV-1 transcription 274, 276, 277, 278

inhibitors 277 HIV genome 129, 130, 229 HIV-infected cells 152, 217 HIV infection 8, 15, 17, 129, 134, 135, 140, 146, 149, 150, 152, 175, 178, 189, 190, 201, 211, 231 HIV inhibitors 200, 258, 271 HIV integrase 140 HIV LTR promoter 274, 275 HIV protease 238, 247, 253, 255, 256, 257 active sites of 253, 255 HIV protease inhibitors 137, 238, 253, 256, 257 act in late stage 137 HIV replication 132, 138, 188, 189, 224, 270, 271, 272, 273, 274, 275 inhibited 271, 273 HIV replication cycle 127, 130, 220, 231 HIV strains 135, 137, 139, 140, 174 HIV transmission 143, 144, 145, 150, 201 HIV treatment 143, 176, 238, 239, 265 Host 57, 58, 211, 217 chromosome 211, 217 DNA 57, 58 HPV genomes 3, 5, 8 HPV-induced cervical cancer cells 29 HPV 3, 5, 6, 8, 9, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32 anal 3, 18, 19, 27 cervical 17, 19 infection 3, 8, 9, 11, 12, 13, 15, 16, 17, 18, 19, 22, 27, 32 persistence 17 prevalence 12, 13, 16, 17 types 5, 6, 9, 12, 14, 15, 16, 17, 18, 20, 26, 28, 29 cutaneous 5, 6 vaccination 22, 24, 28, 30, 31 vaccine 20, 21, 22, 23, 24, 25, 30, 31 bivalent 21, 22, 23, 25, 30 quadrivalent 24 HR-1with HR-2regions of gp41 166 Human immunodeficiency virus (HIV) 3, 12, 16, 17, 18, 19, 20, 24, 25, 26, 27, 28, 31, 32, 49, 127, 128, 129, 130, 131, 132, 133, 134, 135, 136, 137, 139, 141, 142, 143, 144, 145, 147, 148, 149, 150, 151,

152, 153, 163, 164, 165, 167, 171, 173, 185, 187, 188, 189, 196, 201, 210, 217, 219, 222, 226, 227, 228, 230, 239, 247, 254, 266, 273, 274, 275 Hydrophobic 73, 76, 77, 78, 82, 83, 88, 171, 185, 186, 245, 248 interactions 73, 78, 82, 83 pocket 76, 77, 83, 88, 171, 185, 186, 245, 248 Hydroxyethylamino 246, 249, 250

### I

Immortalization 6 Immune 8, 22, 25, 27, 29, 49, 149231 disorders 231 response 8, 22, 25, 27, 29, 49, 149 Immunogenicity 22, 24, 25, 28 Immunosuppression 49, 50 Immunotherapy 29, 30 Indolicidin 218 Inhibitors 51, 72, 74, 75, 79, 80, 83, 84, 85, 87, 88, 89, 92, 135, 149, 165, 166, 167, 168, 171, 176, 178, 185, 186, 190, 191, 196, 200, 210, 214, 216, 217, 218, 219, 221, 222, 225, 226, 227, 228, 229, 231, 232, 243, 244, 245, 246, 247, 248, 250, 251, 252, 256, 257, 258, 267, 268, 272, 273, 274, 275, 276, 277, 278 4-hydroxycoumarinderived 222 4-hydroxycoumarin-derived 222 effective 87 enzyme 218 action 74 activity 79 binding 250, 251 binding sites 85, 171 class 246 hydroxycoumarin-derived 222 innovative 278 ligand-derived 248 noncompetitive 186 non-competitive 135 non-nucleoside 190 nuclear 276 picomolar 251 protease complexes 251

### Atta-ur-Rahman

### Subject Index

Frontiers in Clinical Drug Research-HIV, Vol. 3 291

pyrrolidine-based 256 reversible 228 second-generation 231, 232 synthesized 251 Inhibitor(s) 79, 169, 267 scaffold 79 of chemokine receptor interactions 169 of TAR-Tat interaction 267 Inhibitory 195, 215, 224, 255, 256, 270 272, 276 82-residue PP1-binding fragment 276 activities 256, 272 high 256 multiple 272 concentration 195, 215, 224, 270 constants 255 drug interactions 195 Intasome 59, 61, 62, 66, 72, 76, 84, 86, 132, 140, 148, 177, 199, 210, 211, 213, 214, 216, 221, 225 Integrase 49, 50, 52, 58, 59, 64, 65, 66, 67, 68, 76, 84, 140, 148, 210, 215, 216, 219, 221, 224, 225, 230, 231, 232, 270, 217, 218, 224, 225 binding domain (IBD) 64, 65, 66, 67, 68, 76, 217, 218 deletion mutants 224, 225 enzymes, viral 58, 59 inhibition 218, 224, 225 inhibitors 72, 84, 132, 140, 148, 177, 199, 210, 211, 214, 216, 221, 225 approved 140 approved HIV-1 216 designed 216 developing allosteric 72 first 214 first HIV 216 non-catalytic site 84 synthetic HIV-1 221 inhibitors block 140 nuclear strand transfer inhibitors (INSTIs) 140, 148, 230, 231, 232 Integration 51, 61, 63, 69, 71, 210, 211, 217, 232 process 63, 210, 211, 217, 232 site 51, 61, 69, 71

Interactions 164, 166, 167 non-covalent 164 preventing 166 protein-protein 167 Interface, protein-protein interaction 76 Interfacial inhibitors 63 International council for taxonomy of viruses (ICTV) 128 Invasive cervical cancer (ICC) 3, 15, 18

### L

Lactic acidosis 133, 134, 138 Lamivudine 131, 133, 134, 138, 141, 142, 145, 148, 151, 185, 186, 187, 188, 189 Lersivirine 199, 200, 201 Ligand-binding site interactions 248 Long control region (LCR) 4, 7 Long terminal repeat (LTRs) 57, 130, 211, 266 Lopinavir 138, 151, 238, 239, 242 Lovastatin 81 Low density lipoprotein (LDL) 139 Low squamous intraepithelial lesions (LSIL) 10, 11 L-lysine-derived protease inhibitors 251

### Μ

MAO inhibitor 276 Merck's integrase inhibitors 216 Metal ions, divalent 52, 53, 57, 214 miRNAs 273 Molecular modelling simulations 75, 81 Molecular orbital (MO) 77 Molecule allosteric inhibitors 69 Molecule inhibitors 76, 79, 84, 85, 167, 220, 276 Monoclonal antibodies 168, 171, 178 Monotherapy 127, 136, 137, 141, 176 MT-4 cells 80, 83, 229 Mucous membrane 150, 151 Multimeric IN Inhibitors (MINIs) 89 Multimerization 49, 53, 54, 56, 68, 69, 72, 85, 86, 87, 89, 92 aberrant 86, 87

Multivalent binding oligomers (MBOs) 271 Murine leukemia virus (MLV) 69, 71

### Ν

Nausea 133, 134, 135, 136, 138, 151, 189, 190, 191, 195, 230, 231 Nelfinavir 137, 138, 139, 238, 239, 242, 244 Neuropathy, peripheral 134, 190 Nevirapine 136, 145, 185, 191, 194, 195, 196, 199 non-nucleoside RT inhibitor 191 NF-KB inhibitors 275 NNRTI 136, 193, 194, 197, 198 binding 193, 194 binding pocket 136, 193, 197 -resistance mutations, developing 185, 194 -resistant patients 198 Non-nucleoside reverse transcriptase inhibitor (NNRTIs) 132, 135, 136, 137, 145, 171, 185, 186, 187, 191, 193, 194, 196, 197, 198.199 Novel 226, 257, 271 anti-HIV drugs 271 integrase inhibitor 226 structures 257 NRTI 185, 194 -resistance mutations 185, 194 -triphosphate 185 N terminal domain (NTD) 52, 53, 61, 64, 68, 72, 73, 74, 140, 212 Nuclear 51, 52, 53, 64, 70, 77, 80, 81, 90, 275 localisation signal (NLS) 64 magnetic resonance (NMR) 52, 53, 64, 80, 90 pore complex (NPC) 51, 70 translocation 70, 77, 81, 275 Nucleoporins 70 Nucleoside(s) 132, 133, 134, 135, 139, 141, 142, 148, 185, 186, 187, 190, 191, 196, 200, 201 analogues 132, 190 /Nucleotide reverse transcriptase inhibitors 186, 187

reverse transcriptase inhibitor (NRTIs) 132, 133, 134, 135, 139, 141, 142, 148, 185, 186, 187, 191, 196, 200, 201 Nucleotides 3, 57, 58, 132, 133, 135, 185, 186, 190, 210, 218 inhibitors, single 218 reverse transcriptase inhibitor 132, 135, 186

### 0

Open reading frame (ORF) 3, 4, 7, 8, 9 Optimized protease Inhibitors 246, 250 Oropharynx 17, 32

### P

Pancreatitis 134 Pandemic of AIDS 127 Papillomaviruses 3, 4, 5, 28 Peptidomimetic 239, 242 HIV-1 Protease Inhibitors 242 PIs 239, 242 Percutaneous 151 Peripheral blood mononuclear cell (PBMC) 192.227.275 PFV intasome 62, 63, 68 Phosphodiester moieties 62 Phosphorylation 134, 273, 274, 275 Plasma HIV-1 RNA 167, 168, 173 levels 168, 173 Polyamide amino acids (PAA) 271 Polymerase 194 Polyphenols 228, 229 Pometiapinnata 223 Postexposure prophylaxis 133, 134, 136 Post exposure prophylaxis (PEP) 127, 135, 147, 150, 151 Potent HIV-1 transcription inhibitor 273 Potent inhibitory activity 223 Pre-exposure prophylaxis (PrEP) 127, 150, 151, 152, 153 Proanthocyanidin A2 223 Progenv virions 131, 137 Protease 129, 131, 176, 177, 238, 239, 247, 249, 251, 252, 256 aspartic acid 238, 239 wild-type 247, 251, 252

#### Atta-ur-Rahman

### Subject Index

Protease inhibitor(s) 137, 191, 238, 239, 242, 243, 244, 246, 249, 253, 256, 257 advanced non-peptidomimetic 253 amprenavir 191 boosted 239 coformulated 239 competitive peptidomimetic HIV 238 coumarins-based HIV 253 diol-based HIV 246 effective HIV-1 257 extended HIV-1 243 first HIV-1 137, 238, 239 fullerene anti-HIV-1 256 marketed HIV-1 242 monopyrrolinone-based HIV-1 249 traditional peptidomimetic HIV 256 transition-state mimetic dipeptide HIV 244 Protein 61, 224 -DNA interactions, extensive 61 kinases 224 Proteins 4, 5, 6, 7, 8, 17, 20, 21, 28, 29, 30, 52, 55, 56, 57, 58, 59, 63, 64, 65, 130, 131, 132, 137, 140, 167, 212, 213, 217, 225, 239, 266 cellular 63, 132, 217, 266 host cell 56, 57, 64, 131, 217 nuclear 63 structural 130, 137, 239 Proteus inhibitors 138 Proton pump inhibitors 136 Prototype foamy virus (PFV) 61, 62, 66, 214 PR prolongation 148 P-TEFb inhibitors 272 Purified VLPs 21 Pyrimidines 228, 229

### Q

Quadrivalent vaccine 21, 22, 23, 24, 25, 26, 27, 30 efficacy 22, 25 Quinoline based integrase inhibitors 84

### R

Raltegravir 51, 62, 63, 140, 210, 214, 215, 217, 229

### Frontiers in Clinical Drug Research-HIV, Vol. 3 293

Recurrent 14, 70 integration genes (RIGs) 70 respiratory papillomatosis (RRP) 14 Regimen 25, 168 optimized background 168 standard three-dose 25 Regulatory genes 129, 130 Relationship, structure activity 79, 251 Replicative cycle 49, 50, 51, 68, 69, 76, 176 Rescriptor 194, 195 Residues, amino-acid 85 Resistance 86, 134, 136, 141, 142, 143, 144, 163, 167, 172, 173, 175, 192, 229, 230 development 163 mutations 86, 167, 172, 173, 175, 192, 230 co-receptor inhibitor 173 to Zidovudine 134 mutants 136, 141, 142, 143, 144 viruses 229 Reverse transcriptase (RT) 50, 56, 80, 129, 130, 132, 134, 135, 171, 177, 185, 186, 187, 188, 190, 191, 193, 194, 229, 270 enzyme 129, 130, 132 inhibitors 132, 135, 171, 185, 186, 187, 191 first nucleotide 191 nonnucleoside 185, 186 non-nucleoside 132, 135, 186, 187, 191 nucleoside/nucleotide 171 Reverse transcription 50, 56, 70, 226, 272 complex (RTC) 50 Ribivarin 134 Ribonucleoprotein 85, 86 Ring exhibited improved inhibitory activities 247 Ritonavir boosting 167, 168 RNase 57, 200, 212, 231 Rosmarinic acid 75, 221 R-roscovitine 274 RT inhibitors 186, 230

### S

Sage coumarin 221 Salvianolic acids 221 Saquinavir 137, 139, 238, 239, 241, 242, 244 Second-generation HIV-1 protease inhibitors 239

Selective HIV-1 replication inhibitors 267 Selectivity index 196, 249, 251 Seroconversion 15, 25, 26, 129 rates 25, 26 Simian Immunodeficiency Virus (SIV) 128 Single-round infection assays 222, 273, 274 Sites, oropharynx 17, 18 Small-molecule inhibitors, identifying 167 Squamous cell carcinomas (SCC) 10, 11, 12, 13,20 Stable synaptic complex (SSC) 59, 61, 86, 89 Stavudine 133, 134, 141, 185, 186, 187, 188, 190, 192 Stem cells, patient's hematopoietic 178 Stereochemistry, absolute 220 Strand transfer 49, 51, 58, 59, 61, 62, 63, 77, 210, 214, 215, 216, 221, 224, 226 complex (STC) 59, 61, 62, 215 transfer inhibitors (STIs) 49, 51, 62, 63, 77, 210.216 reactions 51, 58, 214, 221, 224, 226 ST reaction 51, 54, 57, 59, 60, 227 Streptomycin 270 Structure activity relationship (SAR) 79, 251 Styryl-quinolones 226, 229 Substituted arvl 84 Substrate-envelope hypothesis 250, 257 Surface plasma resonance (SPR) 73, 75, 80 Susceptible target cells 164

### Т

Target 54, 59, 61, 62, 71, 215 DNA 54, 59, 61, 62, 71, 215 site selection 71 Tat-associated kinases (TAKs) 266 Tat-inhibitor 272 Tat-mediated transcription 267, 276 Tat-mediated transcription inhibitors 273 Tat protein 266, 271 T-cell response 29 Tenofovir 135, 185, 187, 188, 191, 192, 193, 197 diphosphate 191 disoproxil fumarate 185, 187, 188, 191, 197 disoproxil fumarate (TDF) 185, 187, 188, 191, 192

disproxil fumerate 135 Tert-hydroxy groups 243, 244 Tetrameric form 56, 90 Thai medicinal plants 223 Therapeutic vaccines 29, 30 Thiacytidine 189, 190 Thiosubstitutes 253 Third-generation HIV-1 protease inhibitors 241 Tipranavir 137, 138, 238, 241, 242, 253 Transcription activator-like effector nucleases (TALEN) 178 Transcriptional activities 275 Transcription inhibitors 265 Transformation, neoplastic 5, 29 Treating HIV-1 infection 135, 136, 137, 195 Treatment-experienced patients 140, 168, 192, 217, 241 Trimers, caffeic acid 221 Triphosphate 189, 188, 190 form 188

### U

Upstream regulation region (URR) 4

### V

Vaccine adverse event reporting system (VAERS) 23 Viral 4, 7, 9, 20, 21, 50, 51, 53, 54, 56, 57, 58, 59, 61, 63, 68, 69, 70, 86, 92, 129, 130, 131, 132, 146, 147, 149, 150, 163, 164, 165, 186, 189, 194, 210, 211, 213, 215, 217, 220, 227, 229, 230, 238, 265, 266, 273, 275, 278 DNA 20, 50, 51, 53, 54, 57, 58, 59, 61, 63, 68, 69, 86, 186, 189, 194, 210, 213, 215 enzymes 129 fitness 229, 230 genome 4, 9, 50, 211 life cycle 163, 164, 165, 238 likes particles (VLPs) 20, 21 load, suppression of 146, 147 proteins 50, 56, 132, 211, 217 protein Tat 265, 273, 275

#### Atta-ur-Rahman

### Subject Index

replication 7, 57, 70, 92, 129, 150, 211, 220, 227, 229, 230, 265, 266, 278 reservoir cells 149 RNAs 51, 130, 131 suppression 146, 147, 149 Virologic 146, 147, 169 failure 146, 147 response 146, 169 Virus 4, 5, 176 inhibitory peptides 176 synthesis 4, 5 Vomiting 133, 134, 135, 136, 151, 191 Vulvar intraepithelial neoplasia (VIN) 16 Frontiers in Clinical Drug Research-HIV, Vol. 3 295

### W

Wild-type HIV-1 RT inhibitory properties 198

### Х

X-ray analysis 66, 75

### Z

Zalcitabine 131, 133, 134, 185, 186, 187, 188 Zintevir 218, 219





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Atta-ur-Rahman, Ph.D. in organic chemistry from Cambridge University (1968), has 1020 international publications in several fields of organic chemistry including 727 research publications, 37 international patents, 68 chapters in books and 188 books published largely by major U.S. and European presses. He is the Editor-in-Chief of eight European Chemistry journals. He is Editor of the world's leading encyclopedic series of volumes on natural products "Studies in Natural Product Chemistry" 50 volumes of which have been published under his Editorship by Elsevier during the last two decades.

Prof. Rahman won the UNESCO Science Prize (1999) and was elected as Fellow of the prestigious Royal Society (London) in July 2006. He has been conferred honorary doctorate degrees by many universities including (Sc.D.) by the Cambridge University (UK) (1987). He was elected Honorary Life Fellow of Kings College, Cambridge University, UK, conferred the TWAS (Italy) Prize and the Austrian government has honoured him with its high civil award ("Grosse Goldene Ehrenzeischen am Bande") (2007). He is Foreign Fellow of Chinese and Korean Academy of Sciences, Foreign Fellow of the Chinese Chemical Society and former President of Pakistan Academy of Sciences.